

April - June 2017



THE
MEHTA
GROUP

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Gajgamiini

THE HOUSE JOURNAL OF THE MEHTA GROUP

Gajgamiini: The graceful gait of an elephant. Strong, sure-footed and alert, the positive characteristics of this majestic animal are also qualities found in The Mehta Group.



OUR BELOVED BOARD MEMBER AND ACE ACTRESS JUHI CHAWLA MEHTA WINS THE BEST ACTRESS AWARD FOR HER PERFORMANCE IN 'CHALK N DUSTER'

The ever gorgeous Juhi Chawla Mehta has been bestowed with DadaSaheb Phalke Best Actress Award for her performance in the film, 'Chalk n Duster' at the 148th DadaSaheb Phalke Academy Awards held in Mumbai on 7th June 2017. Another feather in her already full cap, this award is considered one of India's highest award in cinema, and is presented annually by the Directorate of Film Festivals, an organisation set up by the Ministry of Information and Broadcasting. Celebrities from Bollywood including Anupam Kher, Anil Kapoor, Vivek Oberoi, Shilpa Shetty, Raveena Tandon, Manisha Koirala, Parikshit Sahni, Sushant Singh Rajput and others graced the awards ceremony.

Speaking about the award Juhiben says, "Chalk n Duster is one of the films, which I truly with all my heart think to be one of my really good films. I put all my energy and attention into it. I genuinely thought it was a very good subject. The treatment was also very interesting, it grips you right from the word GO. It makes you smile, it really touches your heart. It makes you look into the world of schools and teachers, all in a more humane way. It makes you connect with them so beautifully. It was one of the films I'm truly proud of and am very glad that this prestigious award has been given to me for this film."

"I feel very honoured as it is in the name of Dadasaheb Phalke. I feel very privileged," she added.

EX-LUGAZIANS REUNION IN UK

On 21st May 2017, it was an emotional and overwhelming event for 400 ex-Lugazians who reunited in London after 45 years after they were expelled from Uganda in 1972 by the then President of Uganda. The Lugazi Reunion, organized by Mr. Ratilal Joshi and Mr. Harshad Modha brought together Ex-Lugazians and their families from across UK, USA, Canada and other parts of the world, where they have settled and excelled in every walk of life.

The event served as a reminder of the good times, the old bonds, the respect and feeling and brotherhood shared during their years in Lugazi.

Our Chairman Mr MN Mehta along with Mrs SM Mehta was overwhelmed by the love and affection displayed during the event. They were touched and surprised to see the presence of the youngsters from the 3rd generation who have never visited Uganda in their lives, but were there to share in the joyous memories of their parents and grandparents.

Mr Mehta also recalled the chilling incident when he was asked to leave Uganda within 24 hours with only two bags, leaving behind everything else. He expressed his gratitude to all those employees who had stayed behind as long as he was there, and for the loyalty and support given to him during that period. The gathering concluded with a vote of thanks to all dignitaries present, namely, the commercial attaché of Uganda to the UK, Honourable Godfrey Kwova who was representing HE Joyce Kikafunda (Ugandan Ambassador to the UK), Her Excellency Nimisha Madhvani the Ambassador of Uganda to France and Mr Fitz de Souza who was the Deputy Speaker of the first parliament of Kenya. Mr Mehta also thanked Mr Dinkar Desai (fondly called as DD) who has been with The Mehta Group for the last 55 years in both Uganda and UK and Mr Suresh C Sharma, the Regional Director of African Operations of The Mehta Group, for their immense contribution in rebuilding the Group after 1986.



Committee members of Lugazi reunion organization, From Left to Right: - Mr Harshad R Modha, Mr Harish Ghumra, Mrs. Sarla Ghumra, Mr Jayanti M Jani, Mr Sharad L Desai, Mr Harish D Siddhpura, Mr MN Mehta, Mrs Sunayana M Mehta, Mrs Kanta R Joshi, Mr Ratilal O Joshi & Mrs Bhanumati J Jani

70 YEARS OF MARRIAGE AND TOGETHERNESS

Mr & Mrs DN Mehta, the pillars of The Mehta Group recently celebrated their Platinum Wedding Anniversary with their family & relatives. They have two lovely daughters Uma Gandhi Mehta and Kamal Varma and a son, Hemang Mehta who heads Monarch Plastics Limited at Canada. They have four grandchildren and a great grand daughter. Mr DN Mehta sweetly says on the occasion that “To understand each other, compromise is the key to a very happy and long married life”.



Mr & Mrs DN Mehta with their two lovely daughters, Kamal Varma and Uma Gandhi Mehta



Mr & Mrs DN Mehta celebrating their Marriage Anniversary

CERTIFICATE OF ACHIEVEMENT BY THE MEHTA HOSPITAL AT LUGAZI, UGANDA

The Mehta Hospital Outreach Team has bagged the award by ‘Uganda Virus Research Institute’ for demonstrating continuous improvement in quality HIV Rapid testing through participation in External Quality Assessment Scheme for the period October 2015 to September 2016.



Mehta Hospital Team

ADVANCED TRAINING ON CLINKER COOLING TECHNOLOGY

German company IKN organized a Advanced Training Programme on Clinker Cooling Technology at Diu on 08th & 09th June, 2017. Three people from GSCL participated in the training and received an award by IKN on behalf of the Company for achieving Higher Cooler Requirpression Efficiency.



Team of GSCL receiving award for achieving Higher Cooler Requirpression Efficiency.

WORLD ENVIRONMENT DAY

World Environment Day is being celebrated all over the world. As part of the United Nations Environment Programme (UNEP), this year's concept is "Connecting People to Nature". SCL & GSCL celebrated the World Environment Day on 5th & 6th June 2017 respectively. GSCL is dedicated towards Environmental protection & improvement and thus organized Tree Plantation, Cleaning Campaign and Environment Awareness at Chhagiya Village and Plant Premises. Employees and nearby villagers participated in the event.

The motto of this worldwide event was to spread awareness about conserving and protecting the nature, natural resources and environment protection. So, during this week SCL organized different types of events, training and awareness programs along with various competitions like Environment Quiz, Slogans, and Poster making. A plantation drive was also carried out by Narendra Singh and all SCL employees. The Regional Officer of Gujarat Pollution Control Board graced the occasion along with his staff and the event was concluded with a prize distribution to the winners of different events.



Narendra Singh planting a tree on World Environment Day



Narendra Singh, Director-Works giving away the prizes to the winners

INTERNATIONAL YOGA DAY

Yoga, which has been practiced in the country for centuries, received global recognition after the United Nations declared June 21 as the International Yoga Day after an initiative proposal of Indian Prime Minister Mr Narendra Modi. In India, people at different locations celebrated INTERNATIONAL YOGA DIVAS with lots of joy and enthusiasm. Gujarat Sidhee Cement Limited celebrated Yoga Day at NKDAV Public School where children and teachers participated, in presence of Government Officials. Saurashtra Cement at Ranavav celebrated yoga day with the employees, school children and people from nearby areas.



International Yoga Day in GSCL



International Yoga Day in GSCL



Yoga practice at SCL

MUKAMBIKA PATOTSAVA

The Mukambika Patotsava was celebrated at Mukambika Temple, Sidheeagram with immense joy and devotion. Conducted by Mrs & Mr Dinesh Randad, President-Works, employees with their family members participated in the pooja along with the Sidhee family.



Mrs & Mr Dinesh G Randad performing the Mukambika Patotsava Pooja.

UGANDA QUALIFIED FOR ICC WORLD CUP

The Mehta Group sponsored the Ugandan team for three matches of the World Cup Qualifiers Cricket Division 3 series. The sponsorship was to a tune of 45 Million Uganda Shillings which is equal to USD 12,500. The Uganda team played with five other International teams - Oman, Singapore, USA, Canada and Malaysia. The trophy was introduced by ICC in the inauguration function held in Hotel Sheraton – Kampala. While Uganda lost to Oman and USA and relegated to Division 4, the sportsmanship spirit shown by the team was encouraging.



Senthil Kumar Marketing Head – SCOUL, Uganda with Cricket board members S Sachin and Rannul Keshwala.

MIXED CRICKET MATCH

The SCL Officers’ Club organized an entertaining evening on 27th May 2017 for all members, which included a mixed Cricket Match (under arm) and housie followed by dinner.



Narendra Singh & SCL team

AMBULANCE DONATED

SCL factory has a health care center providing medical aid to the company’s employees and the family members, workers as well as patients from the nearby areas. Based on the requirement, the company conducts various immunization programs, blood donation camps, family welfare education, health care, safety as well as various periodical health check-ups etc. Recently our Company donated an Ambulance to the Health Department, Porbandar, Ranavav, for the use of general public of surrounding areas.



Dr SK Mod (CDHO) & his team from government sector along with Narendra Singh (Director-Works) & his SCL Ranavav team.

ANAND MELA

The SCL Ladies Club organized an Anand Mela for SCL Officers’ club members with food and game stalls, housie and other entertainment activities. The mela was cashless and all the ladies participated enthusiastically and prepared various delicious food dishes. Three cheers for Ladies Club President, Mrs Ira Singh and her team who put wholehearted efforts for making the Mela a grand success.



Ladies Club President, Mrs Ira Singh & Ladies Club Committee members

FANCY DRESS COMPETITION AT MUMBAI OFFICE

The Employees Club at the Corporate office in Mumbai organised a fancy dress competition to engage with the employees and help them explore their creativity. The participants of the competition came up with very innovative ideas and different themes, all dressed in attractive costumes and showcasing their acting talents. It was an evening full of fun and laughter.



Participants of the Fancy Dress Competition with their trophies



Winners of the Fancy Dress Competition with their trophies

SAY NO TO PLASTIC

An awareness session on 'War Against Plastics' was conducted by Juhiben at the Corporate office on 6th June, 2017, she made a presentation on how the use of plastic has done irreversible damage to the environment over the last 50 years. She emphasised on how our coming generations will suffer if we continue to use plastic. This presentation was covered over video conferencing, whereby executives from Ranavav and Sidheeagram also participated. After her interesting but shocking presentation and accompanying videos, everyone unanimously agreed to make small changes in their life and replace the commonly used but extremely hazardous plastic items such as plastic bottles, disposables, plastic bags and plastic containers with items made from glass and stainless steel.

To spread the message, Falguni Mehta, Neha Joshi, Manoj Wadhvani and Manisha Naidu from the Corporate Office conducted and will continue to conduct more such sessions at our other locations to enable involvement and inclusion of our other staff and community members. The aim is to spread the message and reach out to as many people as possible.



Juhiben conducting a presentation on 'War Against Plastics' at the Corporate Office



Manoj Wadhvani, Falguni Mehta, Neha Joshi and Manisha Naidu conducted the session for employees in the office to spread awareness against Plastic.

WIVES' DINNER PARTY

Can we imagine a life without our mom or wife? A homemaker, she literally transforms a house into a home. How often do we appreciate and celebrate her contributions?

In this context, SCL Officers' Club organized a "Wives Dinner" on 6th May 2017 evening to celebrate the most wonderful person of our lives. Various performances like songs, plays, acts and games as were presented. Each husband gave a garland to his better half to capture the memorable evening. To add an element of fun, each husband was asked to perform on a song and propose to his wife. As a part of the event, Shri Narendra Singh, Director Plant with his team presented a parody which was creative and hilarious. Couple games were played which were quite entertaining. Children rocked the floor with their dance and the evening ended with a sumptuous meal and prize distribution.



FIRE FIGHTING TRAINING

Ashwani Kumar, Dy. General Manager-Administration has been conducting trainings on Fire Safety on 28th April and 16th May 2017 at the Corporate Office, Marketing office at Andheri, Veer Bhavan and the Gustoso outlets in Kemps Corner & Bandra for all staff and service providers. A total of about 10 sessions have been organised so far, wherein approximately 150 people have benefited.

The Mumbai HO also conceptualised and formulated an ERT (Emergency Response Team) which comprises of individuals who have volunteered to be at the forefront & respond to the best of their ability in case of an unforeseen incident.



SOCIAL INITIATIVE

Our dealers, Manishbhai & Kishorebhai of M/s. Savaliya Cement Agency, Sultanpur-Gondal decided to quit tobacco and use the money that would be spent on tobacco consumption to raise a fund for building a temple. Isn't that thoughtful? Our compliments and best wishes to the duo for taking this step. On behalf of The Mehta Group, Randhir Singh, Director (Marketing & Sales) personally met them to give his good wishes. Bravo!



Randhir Singh guiding the Sales Meet held at Diu through opening speech about market trends and Industry whereabouts

ANNUAL SALES MEET 2017

Annual Sales Meet 2017 was organized at Diu on 23rd & 24th June 2017. Randhir Singh apprised the Group of the current performance, the challenges faced by the Company and set clear objectives for higher performance in the forthcoming year. Keeping in mind the stated objective for the current year, the Regional Teams conducted Brainstorming sessions to chalk out their strategy to meet the assigned targets. To motivate the team, outstanding performers were felicitated against their performance of 2016-17. A sports competition (Kabaddi, Tug of war, Arm wrestling) was also organized for the sales team who demonstrated their team spirit, leadership skills, and sportsmanship with elan.

IN SHOP PROMOTION

Our in shop promotion merchandise, was being distributed amongst all dealers and distributors in singles until now. Since June 2017, we have started sending them gift hamper every month which contains more than six items.



WELCOME TO THE MEHTA FAMILY

SCL RANAVAV, GUJARAT

- **Vikram Chaudhary**
Asst. Manager – Purchase

- **Ramesh Vala**
Sr. Officer – Stores

- **Rajbir Singh Sharma**
Horticulturist – Administration

- **Sanjay Kumar Sharma**
Security Supervisor

SCL, JUNAGADH, GUJARAT

- **Anand H Mandaliya**
Officer (Tech. Services & Mktg.)

GSCL, SIDHEEGRAM, GUJARAT

- **Sanjay V. Sharma**
Deputy General Manager, Administration.

SCL, CORPORATE OFFICE, MUMBAI

- **Shivangi Jaiswal**
Executive Assistant to CFO.



Paresh Joshi



Ankit Joshi



Ankit Raithatha



Forum Patel



Jasmin Trambadia

OUTSTANDING PERFORMERS (Marketing)



Harindra Singh



Maulin Kansara



Randhir Singh briefing the dealers about upcoming plans at the Rajkot Meet.

DEALERS' MEET

With a primary focus on our Channel Partners for business enhancement, Dealer Meets were organized at Rajkot and Anand. The objective of the meet was to apprise them about Company plans for 2017-18 and to encourage them to contribute towards it by focusing on growth in sales. The dealers who had performed well in their respective districts were also awarded the District Champion's Shield.

ENGINEERS' MEET

Engineers' Meet was held at Rajkot on 17th May 2017. The Guest Speaker was Dr JD Rathod, who spoke on "Enhancement of Concrete Performance with Mineral and Mixtures". Another chapter of Engineers' Meet was held at Bhavnagar on 24th May. Prof. RJ Shah, visiting Faculty at CEPT, Ahmedabad, delivered a speech on "Durability of Reinforced Concrete Structures".



Technical Head Harendra Sahrawat welcoming guest speaker Prof. RJ Shah at the Engineers' Meet held at Bhavnagar in association with PEATA



Contractors & Masons at the Influencer Meet at Shri Krishna Traders -Viramgam , Ahmedabad

INFLUENCER MEETS

Influencer Meets are organised on a regular basis to understand the needs of the Contractors and Masons and update them about technological upgradation and best practices in construction. Bandhan, our loyalty program for the influencer segment has been a key point of interest for Masons and Contractors at these meets.

GLUED TO YOUR PHONE? HERE ARE 7 SIMPLE WAYS TO BREAK AWAY FROM THE ADDICTION

(contributed by Falguni Mehta, Head-Communications, Corporate Office)

We all already know why we shouldn't be on our phones so much. Research shows that people aged 18 to 24, check their cellphones about 60 times a day which is nearly every 15 minutes.

And that makes us wonder – How can we be mentally alert in our real-life engagements, and stay anxiety-free, without our fingers wrapped around a smartphone? When there's an app for everything – from searching for a life partner to buying burgers, our smartphone feels like an extension of our mind and body.

But, it's not.

Here are 7 ways to stay sane and centred ... and enjoy life in living colour:

1. ENJOY YOUR ERRANDS

We all like to be more productive and use travel time and waiting time at the bank, supermarket and airport to write emails. Which is fine, that's the whole purpose of having a smart phone. But at least once a day, when you are running your errands or stepping out to pay your utility bills or paying a visit to the salon, leave your phone back. Let it charge as you recharge yourself. The moment you step out without your phone, you will notice the fragrances that fill the air, the colours of the sky, and the hustle that lends the surrounding its character. Your inbox can survive without you for 30 minutes, trust us.

And what's the worst that can happen? You'll miss a 'so-called perfect' instagram moment. Don't worry you'll survive without that. In fact you'll not just survive, you'll live. Enjoy living your life over documenting it.

2. GO PUSH FREE

Yes, you can lose all those buzzing, useless notifications that distract you every few minutes. You don't really need them calling out to you when you are trying to concentrate on something at work or spending quality time with your family. Create alert settings that disable pop ups. So, you check your tweets, facebook, emails, whatsapp and LinkedIn or any other social network only when you want to. And that way you don't spend time on stuff you don't really care about. Try it. Its liberating. The world can wait – you need to enjoy your coffee!

3. SUBSCRIBE FOR THE PHYSICAL NEWSPAPER

When was the last time you bought an actual book, put your feet up, and dived into it? The same goes for magazines and

newspapers. Instead of scrolling and swiping every morning, why not grasp something real and is smeared in ink?

4. SWEAT IT OUT

Involve yourself in a fitness activity that bars phones. With this strategy, you not just give yourself a break from your phone but actually indulge in yourself and your body. So join a yoga class, learn kick boxing or start training for the forthcoming marathon. Don't forget to leave your phone back home. If none of these interest you, simply meditate and use the time to relax your body and soul, visualize yourself achieving your goals and regain the strength to make those dreams come true.

Sounds more fruitful than checking your facebook or instagram, doesn't it?

5. GIVE YOURSELF A CURFEW

Opt for an 'electronic sundown', which is when you put all your devices away half an hour before bedtime. You'll probably sleep better too! Do some stretches. Say a prayer. Journal. Talk to your spouse and children. There's so much more to life than the love of a screen!

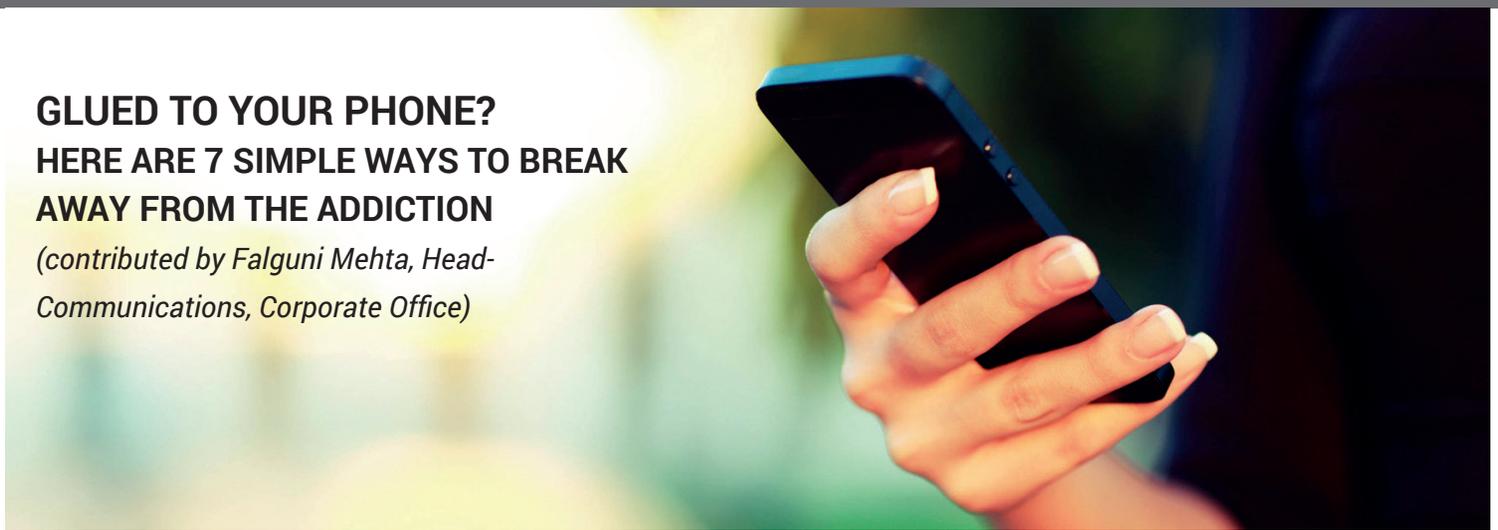
6. KEEP YOUR PHONE OUT OF REACH

Setting an alarm on your phone is not a reason good enough to have your phone at an arms distance from your bed. Invest in an alarm clock instead. It costs Rs 250. Spend the first few minutes of the day phone-free. Enjoy your morning cuppa, breathe, stretch and prepare yourself for the day ahead. Imagine what a beautiful morning it will be if you wake up without your to do lists shouting back at you. It's a major win if you can spend the morning with no external influence.

7. CHOOSE TO 'BE PRESENT'

Consciously. That's what each day is about, and that's the choice you have to make. Every time you are with someone, at a meeting, at a meal, with family, friends – or even if you are on your own, live in the moment. Talk. Put the phone away.

If you have read till the end of this article, it's a sign that somewhere within you, you want to take a break from your phone. So don't waste too much time, bring these suggestions to practise and let go off your device for a bit. Its time to inject some you-time into your life. Don't panic, you're not breaking up with your phone. You're just taking some time away from each other. And all relationships benefit from a little space.





CADBURY RASGULLA CUSTARD DELIGHT

(contributed by Ravi Suvarna, Deputy Manager-IT, Corporate Office, Winner of Masterchef contest)

RASGULLA:
1.5 litres or 4
½ cups milk
(whole or full
fat)

CHHENNA:
1-2 tbsps -
Lemon juice

**SUGAR
SYRUP**
1½ cups sugar,
3 cups water

**CADBURY
COATING:**
12 Oreo biscuits,
Cadbury
granules,
½ cup condensed
milk

CUSTARD:
Pineapple
Custard powder,
500 ml milk,
¾ cup sugar

BINDING
Bread slices,
2 cups milk

GARNISHING:
Badam,
pistachio,
cashewnuts,
Cadbury
granules and
cherry

INSTRUCTIONS:

To make Chhena: Bring the milk to a boil, pour the yogurt or diluted lemon juice and mix. Let the milk curdle. Add ice cubes or chilled water to the curdled milk. Filter and collect the cheese in a muslin cloth. Rinse the cheese under running water if you have used lemon juice or vinegar to curdle.

MAKING CADBURY RASGULLA CUSTARD RECIPE:

Knead the chenna (cheese). While kneading, use the pressure from your palm (it is important to knead the chenna well to get the perfect rasgulla). Knead till it comes together like a dough. If it is not smooth, add 1 tsp. of sugar. Mix it again, knead till you get a smooth dough.

Divide the dough into required size of small balls. Keep covered with muslin cloth. For sugar syrup, take sugar in a pan, add water and turn the heat on medium high. When the sugar syrup starts to boil, add balls into the boiling syrup.

Cover it with lid and continue cooking without opening the lid. Cook for 20 minutes. After 20 minutes, you will see that they are not doubled but tripled in size. Keep sufficient space to cook the rasgulla. Let it cool down completely. Then store it in the refrigerator for 10 minutes.

Grind the Oreo biscuits and Cadbury granules in mixer to make fine powder.

Remove the same in a bowl and add condensed milk. Take rasgulla and cover the same with Oreo and Cadbury mixture and refrigerate for 10 minutes.

Soak the bread in milk and squeeze out excess milk from the bread.

Take Cadbury covered rasgulla and cover it by milk soaked bread, keep the same in fridge for 10 minutes cooling.

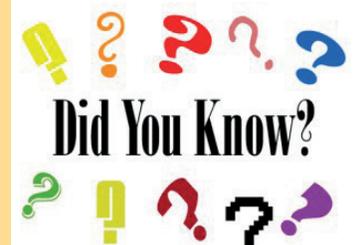
Take 500 ml. milk in a sauce pan. When it begins to boil, add sugar and stir well and let it cook over medium heat.

To the ¼ cup milk bowl, add custard powder and mix well till there are no lumps. Add this paste to the boiling milk and stir well.

Refrigerate for 10 minutes.

Before serving, line up the rasgullas in serving tray and pour chilled custard over it and garnish with almonds, cashewnuts and cherry. Sprinkle Cadbury flakes for a chocolatey effect.

Did you know that you can create your own handwriting font and use it on your computer? Yes, make your own font and use it on word processing softwares like Microsoft Word. To do so, visit www.myscriptfont.com, download the template from the site, fill in the alphabets with a thick black pen in your natural handwriting and scan and upload the sheet in a minimum of 300 dpi. A '.ttf' file will be created by the site and you can rename and download it onto your computer. Once installed, it's ready to use! Happy scripting!



HOME REMEDIES TO TREAT EXCESSIVE SWEATING (source 'Times of India')

VINEGAR: Adding a few drops of vinegar to your bath water as it can help stop excessive sweating.

POTATO: Cut a raw potato in half and rub them over your underarms, feet or after sweaty areas before applying any deodorant.

TEA BAGS: The tannic acid found in tea can prevent excessive perspiration. Put tea bags in a bowl of boiling water. Once the water cools, soak your hands and feet in the solution for about half an hour.

SALT: Mix a tablespoon of salt with lime juice and massage your hands with this mix. It is considered to slow down the activities of sweat glands.

COCONUT OIL: Coconut oil contains lauric acid, which can eliminate the bacteria in sweat. Mix some camphor in a bowl of coconut oil and apply it on sweat-prone areas.

DEFINITIONS**POLITICIAN**

One who shakes your hand before elections and your confidence later.

DIPLOMAT

A person who tells you to go to hell in such a way that you actually look forward to the trip.

EXPERIENCE

The name men give to their mistakes.

CONFERENCE

The art of dividing a cake in such a way that everybody believes he has got the biggest piece.



Compiled by KR Senthil Kumar. Head-Sales & Marketing, SCOUL, Uganda

RESULT OF THE LAST QUARTER'S CONTEST ON

'How do you plan to beat the Summer Heat'



"BY CHILLING OUT IN THE SUMMER"- Falguni Mehta



"BY DRINKING LOTS OF WATER" - Shaivi Mehta, daughter of Pareena Mehta, Mumbai

“ “

THREE QUOTES BY OSCAR WILDE

"Life would be dull without mistakes."

"Life is a hope."

"Children are the most beautiful of all flowers in a garden".



Oscar Wilde

CONTEST FOR THIS QUARTER**PAINT WITH PASSION**

Showcase your painting skills by participating in the Painting Competition on a subject of your choice. Send us a painting made by you or your family member in .jpeg or .PNG format. All paintings submitted for the contest will be available for public display on our FB page with your name & age. Make sure to mention your full name, location and a line about your painting and **mail it to neetam@mehtagroup.com**

